PALASIET
Wellness Clinic & Thalasso

Wellness Retreats Programme 2 nights

Wellness programmes are designed to get away from everyday life and be recharged with positive energy and vitality.

DURATION

2 nights, 1 days of treatments

THALASSOTHERAPY TREATMENTS AND SPECIFIC TREATMENTS

1 Biomarine circuit: access to hydrotherapy circuit in seawater thermal pool at 35^{O}, underwater whirlpool beds, jet seats, cervical jets, lumbar jets, jacuzzi, salt sauna, marine vaporarium and contrast pool

1 Phlebitic circuit (seawater at 24^{O}C)

1 Thalasso bath with seaweed

1 Local massage (25 minutes)

PSYCHO-CORPORAL ACTIVITIES

1 Group aquagym or aquatraining *

1 Group fitness training

1 Group activities to choose from: Relaxation Workshop, Introduction to Meditation, Yoga, Pilates, Barre Dance, Muscle Hip Stretching, Tai Chi, Vital Awakening, Morning Walk

** High-intensity exercises in the outdoor pool from June to September.*

** In some group activities, the predominant language is Spanish, but we always offer an alternative activity in case the language is a barrier for the customer.*

The times and days of the healthy activities, as well as the number of sessions of the Psycho-corporal activities, may vary depending on the week and nights of stay. To access or participate in these activities, prior reservation at the clinic reception desk is required.

Prices 2026

Prices 2026	Low season			Mid season			High season		
Prices per person	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*
Wellness Retreats 2 nights									
Full board									
2 NIGHTS	416	416	490	438	438	520	470	470	562
TREATMENT	149	-	149	149	-	149	149	-	149
TOTAL	565	416	639	587	438	669	619	470	711
Half board									
2 NIGHTS	330	330	404	352	352	434	384	384	476
TREATMENT	149	-	149	149	-	149	149	-	149
TOTAL	479	330	553	501	352	583	533	384	625

Price in euro €.

LOW SEASON: from 06-03 to 31-05 and from 14-09 to 31-12
MID SEASON: from 01-06 to 26-07 and from 31-08 to 13-09 and Easter: from 2nd to 5th April (both days inclusive)
HIGH SEASON: from 27-07 to 30-08

Prices per person. VAT included.
*DOUBLE: price per person with treatment for 2 persons occupying the room.
*ACCOMPANYING PERSON: price for the person who does not undergo treatment and accompanies the person who does.
*SINGLE: price per person with treatment occupying a double room for single use.
All our menus have different dishes to choose from in our NATURAL restaurant.

SUPPLEMENTS

Supplement for Superior Double Room, 35.00 €/night

Supplement for Superior Double Room with Lounge, 58.00 €/night

PALASIET
Wellness Clinic & Thalasso

Wellness Retreats Programme 3 nights

Wellness programmes are designed to get away from everyday life and be recharged with positive energy and vitality.

DURATION

3 nights, 2 days of treatments

THALASSOTHERAPY TREATMENTS AND SPECIFIC TREATMENTS

3 Biomarine circuit: access to hydrotherapy circuit in seawater thermal pool at 35^{O}, underwater whirlpool beds, jet seats, cervical jets, lumbar jets, jacuzzi, salt sauna, marine vaporarium and contrast pool

3 Phlebitic circuit (seawater at 24^{O}C)

1 Thalasso bath with seaweed

1 Local massage (40 minutes)

PSYCHO-CORPORAL ACTIVITIES

1 Group aquagym or aquatraining *

1 Group fitness training

2 Group activities to choose from: Relaxation Workshop, Introduction to Meditation, Yoga, Pilates, Barre Dance, Muscle Hip Stretching, Tai Chi, Vital Awakening, Morning Walk

** High-intensity exercises in the outdoor pool from June to September.*

** In some group activities, the predominant language is Spanish, but we always offer an alternative activity in case the language is a barrier for the customer.*

The times and days of the healthy activities, as well as the number of sessions of the Psycho-corporal activities, may vary depending on the week and nights of stay. To access or participate in these activities, prior reservation at the clinic reception desk is required.

Prices 2026

Prices 2026	Low season			Mid season			High season		
Prices per person	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*
Wellness Retreats 3 nights									
Full board									
3 NIGHTS	624	624	735	657	657	780	705	705	843
TREATMENT	269	-	269	269	-	269	269	-	269
TOTAL	893	624	1004	926	657	1049	974	705	1112
Half board									
3 NIGHTS	495	495	606	528	528	651	576	576	714
TREATMENT	269	-	269	269	-	269	269	-	269
TOTAL	764	495	875	797	528	920	845	576	983

Price in euro €.

LOW SEASON: from 06-03 to 31-05 and from 14-09 to 31-12
MID SEASON: from 01-06 to 26-07 and from 31-08 to 13-09 and Easter: from 2nd to 5th April (both days inclusive)
HIGH SEASON: from 27-07 to 30-08

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SUPPLEMENTS

Supplement for Superior Double Room, 35.00 €/night

Supplement for Superior Double Room with Lounge, 58.00 €/night

PALASIET
Wellness Clinic & Thalasso

Wellness Retreats Programme 4 nights

Wellness programmes are designed to get away from everyday life and be recharged with positive energy and vitality.

DURATION

4 nights, 3 days of treatments

THALASSOTHERAPY TREATMENTS AND SPECIFIC TREATMENTS

4 Biomarine circuit: access to hydrotherapy circuit in seawater thermal pool at 35^{O}, underwater whirlpool beds, jet seats, cervical jets, lumbar jets, jacuzzi, salt sauna, marine vaporarium and contrast pool

4 Phlebitic circuit (seawater at 24^{O}C)

1 Thalasso bath with seaweed

1 Craniofacial massage (20 minutes)

1 Local massage (25 minutes)

PSYCHO-CORPORAL ACTIVITIES

2 Group aquagym or aquatraining *

2 Group fitness training

3 Group activities to choose from: Relaxation Workshop, Introduction to Meditation, Yoga, Pilates, Barre Dance, Muscle Hip Stretching, Tai Chi, Vital Awakening, Morning Walk

** High-intensity exercises in the outdoor pool from June to September.*

** In some group activities, the predominant language is Spanish, but we always offer an alternative activity in case the language is a barrier for the customer.*

The times and days of the healthy activities, as well as the number of sessions of the Psycho-corporal activities, may vary depending on the week and nights of stay. To access or participate in these activities, prior reservation at the clinic reception desk is required.

Prices 2026

Prices 2026	Low season			Mid season			High season		
Prices per person	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*
Wellness Retreats 4 nights									
Full board									
4 NIGHTS	780	780	912	816	816	960	872	872	1036
TREATMENT	371	-	371	371	-	371	371	-	371
TOTAL	1151	780	1283	1187	816	1331	1243	872	1407
Half board									
4 NIGHTS	608	608	740	644	644	788	700	700	864
TREATMENT	371	-	371	371	-	371	371	-	371
TOTAL	979	608	1111	1015	644	1159	1071	700	1235

Price in euro €.

LOW SEASON: from 06-03 to 31-05 and from 14-09 to 31-12
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SUPPLEMENTS

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Supplement for Superior Double Room with Lounge, 58.00 €/night

PALASIET
Wellness Clinic & Thalasso

Wellness Retreats Programme 5 nights

Wellness programmes are designed to get away from everyday life and be recharged with positive energy and vitality.

DURATION

5 nights, 4 days of treatments

THALASSOTHERAPY TREATMENTS AND SPECIFIC TREATMENTS

5 Biomarine circuit: access to hydrotherapy circuit in seawater thermal pool at 35^{O}, underwater whirlpool beds, jet seats, cervical jets, lumbar jets, jacuzzi, salt sauna, marine vaporarium and contrast pool

5 Phlebitic circuit (seawater at 24^{O}C)

2 Thalasso bath with seaweed

1 Craniofacial massage (20 minutes)

1 Local massage (25 minutes)

HEALTHY ACTIVITIES

Healthy nutrition talk

Healthy cooking class

PSYCHO-CORPORAL ACTIVITIES

2 Group aquagym or aquatraining *

2 Group fitness training

4 Group activities to choose from: Relaxation Workshop, Introduction to Meditation, Yoga, Pilates, Barre Dance, Muscle Hip Stretching, Tai Chi, Vital Awakening, Morning Walk

** High-intensity exercises in the outdoor pool from June to September.*

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Prices 2026

Prices 2026	Low season			Mid season			High season		
Prices per person	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*	Double*	Accomp.*	Single*
Wellness Retreats 5 nights									
Full board									
5 NIGHTS	975	975	1140	1020	1020	1200	1090	1090	1295
TREATMENT	511	-	511	511	-	511	511	-	511
TOTAL	1486	975	1651	1531	1020	1711	1601	1090	1806
Half board									
5 NIGHTS	760	760	925	805	805	985	875	875	1080
TREATMENT	511	-	511	511	-	511	511	-	511
TOTAL	1271	760	1436	1316	805	1496	1386	875	1591

Price in euro €.

LOW SEASON: from 06-03 to 31-05 and from 14-09 to 31-12
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